# NC STATE UNIVERSITY



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# New Student & Family Orientation



# Welcome to NC State!

As your Orientation Leaders (OLs), we want you to know how excited we are that you decided to join our family and start your journey as part of the Wolfpack! Take it from us, the next years of your life as an NC State student are going to be memorable, challenging, and incredibly rewarding.

The Orientation Leader team is here to help you navigate your way to a successful start. Each of us had an experience as a new student at NC State and know what it's like to come into such a large community. NC State may feel overwhelming at first, but we have each made this place our home and can help you do the same.

It's important that you make the most of your Orientation experience so that you walk away feeling prepared and excited to begin your journey at NC State. We're here to help you do that, but it starts with you! Our advice is to ask lots of questions, reach out to other new students, and start making your bucket list of what you want to experience and accomplish during your time here.

Above all, we want you to know that we decided to be Orientation Leaders because we love this University. We love the Belltower, we wear red on Fridays, and we sing the Red and White Song loudly and proudly! Get ready to **Think and Do**, and congratulations on your decision to join the Pack!



#### **New Student Programs**

Division of Academic and Student Affairs 3219 Broughton Hall, Campus Box 7525 Email: new-students@ncsu.edu Phone: 919.515.1234 Text: 833.712.1255 newstudents.ncsu.edu

### **Special Thanks** to the following sponsors of New Student and Family Orientation:

Arts NC State NC State Dining NC State Wellness and Recreation Parents and Families Services PNC Bank Student Alumni Association Student Leadership and Engagement Sustainability Office University Student Centers

# Get Connected at Orientation

Follow New Student Programs on Twitter and Instagram!



#### @NCStateNSP

#### **Need Assistance?**

If you need to reach a family member during Orientation, please contact our office for assistance during business hours (8:00 a.m. -5:00 p.m., Monday - Friday) at 919.515.1234.

If there is an after-hours emergency, please contact NC State University Police Department at 919.515.3000.

Cover Photography by: Marc Hall



# By NOT completing the following steps, a hold could be placed on your account or your spring semester schedule could be dropped:

#### Pay Your Bill

- > Spring semester tuition and fees were due December 5, 2023. If you have not already paid your bill, visit the University Cashier's office in Harris Hall.
- Learn more about payment options and parental access for bill payment at studentservices.ncsu.edu.



#### Campus Health Checklist

- Insurance: Enroll into or waive out of the Student Health Insurance Plan by January 31, 2024. Visit studentbluenc.com/ncsu.
- Immunizations: Complete all required immunizations and upload to the Healthy Pack Portal sso.medicatconnect.com.
- > TB Questionnaire: Complete the TB questionnaire online via the HealthyPackPortal sso.medicatconnect.com.
- > Health History: Complete the Health History Form online via the HealthyPackPortal sso.medicatconnect.com.
- > Prescription Medications: Transfer your prescriptions to Campus Health Pharmacy by calling 919.515.5040.
- Get a Flu Shot: Get your flu shot at one of our clinics on campus healthypack.dasa.ncsu.edu.

#### Update Your Contact Information

- > Update your phone and address information with the university via MyPack Portal. Once you've logged in, go to Student Homepage > Personal Information > Addresses or Contact Details.
- Sign up to receive WolfAlert emergency text message by adding your cell number.
- > ncsu.edu/emergency-information/textsignup

#### Finalize Your Spring Schedule

- > If you have additional questions, contact your academic advisor.
- > We recommend not dropping any courses that were pre-planned for you without contacting an advisor first.
- > mypack.ncsu.edu

#### Prepare for Move-In Weekend

- If you will be living on campus, visit the University Housing website at housing.ncsu.edu for everything you need to know about moving into your residence hall.
- > Move-In Dates: Thursday, January 4 Sunday, January 7, 2024 before classes begin on Monday, January 8.

#### Purchase a Parking Permit

> Visit the Transportation website at ncsu.edu/transportation to learn more about your parking options.

#### Check Your Email Frequently

- Step 1 to being successful at NC State is getting informed and connected. Your NC State email is the university's official mode of communication with you, so get in the habit of checking it every day.
- > google.ncsu.edu

#### Solidify Your Meal Plan

- Decide which meal plan option is best for you. You have until January 25, 2024 to make changes to your spring semester meal plan.
- > go.ncsu.edu/MealPlans

#### Order Your Textbooks

> Visit go.ncsu.edu/textbooks to order books directly from NC State Bookstores or use their "Price Comparison Shopping Tool" to explore your options.

#### Complete Mandatory Online Education

- > All incoming students are required to complete online education modules prior to the beginning of the spring semester.
- > Visit go.ncsu.edu/required-ed for more information and deadlines for completion.

#### Visit our website for more go.ncsu.edu/NewStudentChecklist

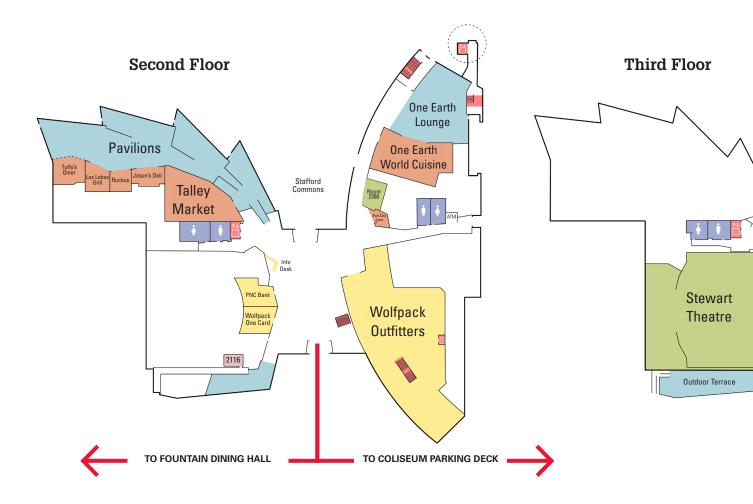
# Getting Around



Whether you uploaded your photo online or plan to take a photo in-person, stop by the Wolfpack One Card Office (main level lobby) during one of the following times with a government-issued ID to get your Wolfpack One Card student ID:

> During Orientation Check-In or Lunch
 > Weekdays from 8:00 a.m. to 5:00 p.m.

# **Talley Student Union**



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#### **Questions?**

Stop by our Orientation Information Table in Talley Student Union on the 3rd floor to speak with a New Student Programs staff member.

#### Need a Pick Me Up?

Grab some coffee or a snack from Talley Market or Port City Java.

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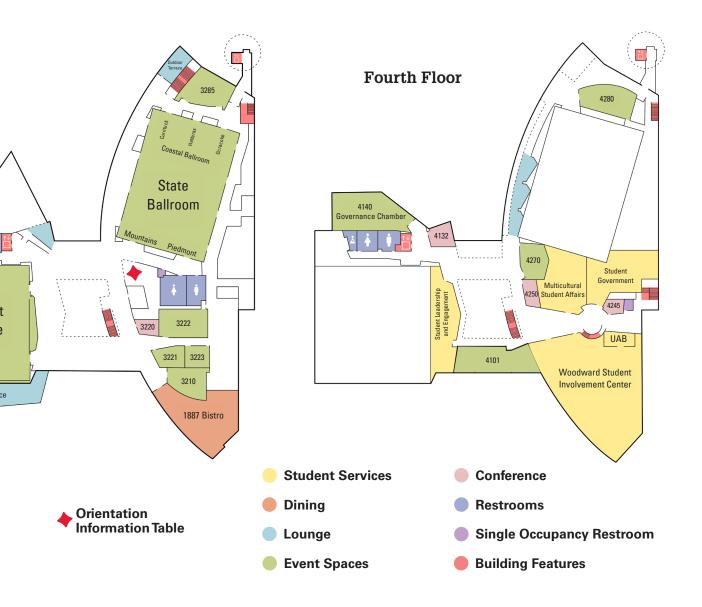
#### **Taking Care of Business**

If needed, submit verification forms to Scholarships and Financial Aid (#4 on back cover map).

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#### **Explore Campus**

Check out the NC State sights around campus. Feel free to use the campus map provided on the back cover and visit some of NC State's most iconic spots like the University Plaza (commonly known as "The Brickyard").



# First-Year Student Schedule

	<b>Check-In Talley Student Union, Room 3222 (with family)</b> Arrive to gather your materials for the day!	👑 Denotes Required Session
	<b>Orientation Welcome</b> Talley Student Union, Stewart Theatre (with family) Your official welcome to NC State and kickoff to your Orientation ex	xperience.
	Meet Your Orientation Small Group Various Locations Meet your Orientation Leader and get to know other students in yo You can find your OL group number on the bottom right corne	
	My Orientation Leader	
	Name:	
	Email:	
	<b>Learning to Howl: Transitioning to NC State Talley Student Union</b> Starting your NC State journey will be filled with opportunities, con Learn more about healthy transitioning, developing resilience, and Also learn about Prevention Services and campus resources that s	nections, and at times, challenges. overall emotional awareness.
	<b>Academic Success 101 Talley Student Union, Coastal Ballroom</b> Learn the basics of academics at NC State, including the General B resources, and the support of your academic advisor.	Education Program, campus
	<b>Lunch Fountain Dining Hall</b> Use the meal ticket you received at Check-In this morning for admiss	sion into the dining hall.
	<b>Connect &amp; Engage with the Pack Talley Student Union, Stewart Theatre</b> NC State offers exciting ways to connect you with valuable experies career-ready skills. This session will introduce you to Student Leader tips for navigating how to get involved during your first semester.	ences and provide
	ImPACKt Your Community Talley Student Union, Stewart Theatre Let's take time to explore our community's expectations and resour a positive imPACKt on campus. Topics include: > Valuing Your Community > Interpersonal Violence Prevention > Campus Safety Information from NC State University Police	irces, and how you can have
<b>2:05</b> p.m. to 2:05 p.m.	<b>Technology on Campus Talley Student Union, Stewart Theatre</b> Learn about the IT accounts and services available to students and importance of security for campus accounts, hardware, and mobile	
	<b>Campus Resource Choice Session # 1</b> Various Locations (with family Students and families will have the opportunity to learn more abou how they can enhance your NC State experience. You will be able to attend during the two time blocks. <b>See Page 13 for your available</b>	t select campus resources and to choose which session you
	<b>Campus Resource Choice Session # 2 Various Locations (with famil</b> Students and families will have the opportunity to learn more abou how they can enhance your NC State experience. You will be able to attend during the two time blocks. <b>See Page 13 for your available</b>	t select campus resources and to choose which session you
	<b>College Welcome and Academic Information Various Locations (</b> College representatives will provide information on advising, cours can expect from your new academic home. <b>This session is require</b> <b>have already completed course registration</b> .	e requirements, and what you
	My College Welcome Location:	

# **First-Year Family Schedule**

Check-In Talley Student Union, Room 3222 (with student) 8:00 a.m. to

Arrive to gather your materials for the day! 9:00 a.m.

#### **Orientation Welcome** Talley Student Union, Stewart Theatre (with student) 9:10 a.m. to

Your official welcome to NC State and kickoff to your Orientation experience. 9:35 a.m.

#### 9:35 a.m. to Parents and Families Services Talley Student Union, Stewart Theatre

9:55 a.m. At the end of this session, you will have:

- > An understanding of the integral role families play in their student's success.
- > Gain knowledge of the resources and services that Parents and Family Services offers.
- Discover strategies to support and engage students and families within the university and beyond.
- > Explore the various ways that families can maintain an active role in the NC State community.

For more information visit parents.ncsu.edu. If you have questions, please call the Parents' HelpLine at 919.515.2441 or email at ncstateparents@ncsu.edu.

#### Helping Your Wolf Howl Talley Student Union, Stewart Theatre **9:55 a.m**. to

At the end of this session, you will have: 10:20 a.m.

- > Gained insight into the opportunities and challenges that your student may encounter in their first year at NC State.
- > Gained insight into the opportunities and challenges that you as a parent or family member may encounter during your student's first year at NC State.
- > Learned ways to support your student and yourself during this transition.
- > Received an overview of the services provided by the NC State's Counseling Center and Prevention Services, including how to access and refer to these services.

Contact the Counseling Center at 919.515.2423 or counseling.dasa.ncsu.edu.

Contact the Prevention Services at 919.515.4405 or prevention.dasa.ncsu.edu.

#### Academic Success 101 Talley Student Union, Stewart Theatre 10:20 a.m. to

Learn the basics of academics at NC State, including the General Education Program, campus 10:50 a.m. resources, and the support of academic advisors. Contact Academic Advising Programs and Services at 919.515.8130 or advising.ncsu.edu.

#### Staying Safe at NC State Talley Student Union, Stewart Theatre 11:05 a.m. to

At the end of this session, you will have: 11:25 a.m.

- > Learned the university police department's mission and contact information.
- > Learned about the university's safety resources and emergency communication procedures.

> Learned about crime on campus, along with safety tips that may be beneficial to students. Contact NC State University Police Department at 919.515.3000 or ncsu.edu/police.

#### 11:25 a.m. to Dining, Bookstore, and ID Card Talley Student Union, Stewart Theatre

- 11:55 a.m. At the end of this session, you will have: > Learned how meal plans work and what options are available.
  - > Determined how to shop for the best price and options for course materials through MyPack Portal.
  - > Reviewed how to select a laptop designed for your student's course of study.
  - > Learned how your student's Wolfpack One ID Card works and about the various spending accounts associated with it.
  - > Learned about student banking options provided by PNC Bank.
  - > Learned about on-campus jobs and how they can help your student succeed.

Contact Campus Enterprises at campus-enterprises@ncsu.edu or visit campusenterprises.ncsu.edu. For more about PNC Banking at NC State, visit pnc.com/ncstate.

# **Continues on Next Page**

# First-Year Family Schedule cont.

#### 12:05 p.m. to On-Campus Living Talley Student Union, Stewart Theatre 12:25 p.m. If your student is living on campus in the spring, attend the On-Campus Living presentation. If your student is not, please proceed to lunch. At the end of this session, you will have: > Learned the benefits of living on campus, including resources, programs and activities that support student success. > Been introduced to the Living and Learning Villages as a future option for your student. > Reviewed what students can bring to campus to personalize their rooms. Contact University Housing at 919.515.2440 or housing.ncsu.edu. **12:10 p.m.** to **Lunch Fountain Dining Hall** 2:00 p.m. Use the meal ticket you received at Check-In this morning for admission into the dining hall. 2:15 p.m. to Campus Resource Choice Session # 1 Various Locations (with student) 2:35 p.m. Students and families will have the opportunity to learn more about select campus resources and how they can enhance your student's NC State experience. You will be able to choose which session you attend during the two time blocks. See Page 13 for your available options. 2:45 p.m. to Campus Resource Choice Session # 2 Various Locations (with student) Students and families will have the opportunity to learn more about select campus resources and how 3:05 p.m. they can enhance your student's NC State experience. You will be able to choose which session you attend during the two time blocks. See Page 13 for your available options. 3:20 p.m. to College Welcome and Academic Information Various Locations (with student) Meet representatives from your student's college and learn about academic requirements, 5:20 p.m. opportunities, and expectations. Remember to write down your student's college or program meeting location below.

My College Welcome Location: \_\_\_\_\_

# **Additional Notes**

# Check Out These **A Check Out These**



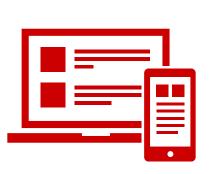
# Winter Welcome Week Mobile Schedule

- Search for and download the app "NC State University Guides" from your app store.
- Open the app and search for "2024 Winter Welcome Week".
- > Create your custom schedule.

# Navigate NC State (Students only)

- Go to the Google Play or Apple App Store and search for "Navigate Student".
- Open the app and select "NC State University" as your school.
- > Log in with your unity ID and password.
- View your course schedule, find class locations, and create study groups.





Learn more at: go.ncsu.edu/alc

# **Teletherapy Platform**

- The NC State Counseling Center has partnered with the Mantra teletherapy platform to provide additional support.
- Create an account and sign in using your username and password.



	<b>Check-In</b> Talley Student Union, Room 3285 (with family) Arrive to gather your materials for the day!	👾 Denotes Required Session 🔚 Have your Wolfpack One Card photo taken
	<b>Orientation Welcome</b> Talley Student Union, Mountains-Piedmont Ballroom (with family) Your official welcome to NC State and kickoff to your Orientation experience.	
<b>👾 9:35 a.m</b> . to 10:15 a.m.	Life in the Pack Lane: Merging into NC State Talley Student Union, Mountains-Piedmont Ballroom (with family) As a new member of the Pack, there will be opportunities and challenges in adjusting to NC State in and outside of the classroom. Learn how academic advising, the Counseling Center, and Prevention Services can help support your academic path at NC State.	
<b>* 10:20 a.m.</b> to 10:50 a.m.	Meet Your Orientation Small Group Various Locations Meet your Orientation Leader and get to know other students in your group. You can find your OL group number on the bottom right corner of your name tag.	
	My Orientation Leader	
	Name:	
	Email:	
<b>👾 10:50 a.m.</b> to 11:10 a.m.	<b>Connect &amp; Engage with the Pack Talley Student Union, Mountains-Pie</b> NC State offers exciting ways to connect you with valuable experi career-ready skills. This session will introduce you to Student Lead tips for navigating how to get involved during your first semester.	ences and provide
<b>11:30 a.m.</b> to 12:45 p.m.	<b>Lunch Fountain Dining Hall</b> Use the meal ticket you received at Check-In this morning for admission into the dining hall.	
<b>👾 1:05 p.m</b> . to 1:50 p.m.	<ul> <li>ImPACKt Your Community Talley Student Union, Stewart Theatre</li> <li>Let's take time to explore our community's expectations and reso a positive imPACKt on campus. Topics include:</li> <li>Valuing Your Community</li> <li>Interpersonal Violence Prevention</li> <li>Campus Safety Information from NC State University Police</li> </ul>	urces, and how you can have
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<b>2:45 p.m.</b> to 3:05 p.m.	<b>Campus Resource Choice Session #2</b> Various Locations (with familiar Students and families will have the opportunity to learn more about how they can enhance your NC State experience. You will be able attend during the two time blocks. <b>See Page 13 for your available</b>	ut select campus resources and to choose which session you
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9:35 a.m. Your official welcome to NC State and kickoff to your Orientation experience.

- 9:35 a.m. to Life in the Pack Lane: Merging into NC State Talley Student Union, Mountains-Piedmont Ballroom (with student)
  - 10:15 a.m. As a new member of the Pack, there will be opportunities and challenges in adjusting to NC State in and outside of the classroom. Learn how academic advising, the Counseling Center, and Prevention Services can help support your student's academic path at NC State.

#### 10:20 a.m. to Parents and Families Services Talley Student Union, Mountains-Piedmont Ballroom

- 10:40 a.m. At the end of this session, you will have:
  - > An understanding of the integral role families play in their student's success.
  - > Gain knowledge of the resources and services that Parents and Family Services offers.
  - > Discover strategies to support and engage students and families within the university and beyond.

> Explore the various ways that families can maintain an active role in the NC State community. For more information visit parents.ncsu.edu. If you have questions, please call the Parents' HelpLine at 919.515.2441 or email at ncstateparents@ncsu.edu.

#### 11:05 a.m. to Staying Safe at NC State Talley Student Union, Stewart Theatre

- 11:25 a.m. At the end of this session, you will have:
  - > Learned the university police department's mission and contact information.
  - > Learned about the university's safety resources and emergency communication procedures.
  - > Learned about crime on campus, along with safety tips that may be beneficial to students.

Contact NC State University Police Department at 919.515.3000 or ncsu.edu/police.

#### 11:25 a.m. to Dining, Bookstore, and ID Card Talley Student Union, Stewart Theatre

11:55 a.m. At the end of this session, you will have:

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- > Reviewed how to select a laptop designed for your student's course of study.
- Learned how your student's Wolfpack One ID Card works and about the various spending accounts associated with it.
- > Learned about student banking options provided by PNC Bank.
- > Learned about on-campus jobs and how they can help your student succeed.

Contact Campus Enterprises at campus-enterprises@ncsu.edu or visit campusenterprises.ncsu.edu. For more about PNC Banking at NC State, visit pnc.com/ncstate.

#### 12:05 p.m. to On-Campus Living Talley Student Union, Stewart Theatre

12:25 p.m. If your student is living on campus in the spring, attend the On-Campus Living presentation. If your student is not, please proceed to lunch.

- At the end of this session, you will have:
- > Learned the benefits of living on campus, including resources, programs and activities that support student success.
- > Been introduced to the Living and Learning Villages as a future option for your student.
- > Reviewed what students can bring to campus to personalize their rooms.

Contact University Housing at 919.515.2440 or housing.ncsu.edu.

#### 12:10 p.m. to Lunch Fountain Dining Hall

2:00 p.m. Use the meal ticket you received at Check-In this morning for admission into the dining hall.

## **Continues on Next Page**

# Family Schedule cont.

<b>2:15 p.m.</b> to 2:35 p.m.	
<b>2:45 p.m.</b> to 3:05 p.m.	
<b>3:20 p.m.</b> to 5:20 p.m.	
	My College Welcome Location:

# **Additional Notes**

# Campus Resource Choice Sessions

Choose a session based upon your own needs or interests and what you believe will assist you in your first semester. It is encouraged that students and family members (if applicable) attend different sessions to gather as much information as possible. You will be able to choose which session you attend during the two time blocks: 2:15 p.m. - 2:35 p.m. and 2:45 p.m. - 3:05 p.m.

#### **Campus Health**

#### Talley Student Union, Room 4140 (4th floor)

Hear an overview of the preventative, medical, and other services offered by Campus Health, including eligibility for care and services, the UNC system-wide health insurance requirement, and NC State immunization requirements.

#### **Career Development Center**

#### Talley Student Union, Room 3285 (3rd floor)

Begin to define your career identity, develop job search skills, and gain career-related experience.

#### **Disability Resource Office**

#### Talley Student Union, Room 3223 (3rd floor)

If you are a family member of a student with a disability, who may have had an IEP or 504 Plan in K-12, come learn about the process and resources offered by the Disability Resource Office.

#### **Money Matters**

#### Talley Student Union, Room 4101 (4th floor)

Find out what you need to know about viewing students accounts, paying bills, financial aid basics, and more.

#### **Study Abroad and Global Experiences**

#### Talley Student Union, Hatteras-Ocracoke Ballroom (3rd floor)

Make the world your classroom! Learn about study abroad & other ways to go global during your time at NC State.

#### **Transportation**

#### Talley Student Union, Room 3210 (3rd floor)

Learn about parking on campus including how and when to get a parking permit and other parking options. We will also discuss transportation alternatives including the Wolfline, carpool, city and regional buses, and walking/bicycling.

#### **Undergraduate Research**

#### Talley Student Union, Currituck Ballroom (3rd floor)

This session provides information on the benefits of Undergraduate Research and how to start identifying mentors and opportunities.

#### University Advising: Adding or Changing Majors and Minors

#### Talley Student Union, Room 3221 (3rd floor)

This session introduces students to policies and resources related to applying for a second major, changing majors, or adding a minor.

#### **Wellness and Recreation**

#### Talley Student Union, Room 3222 (3rd floor)

From intramural sports to group fitness, outdoor trips and more, learn how to get involved and how you can improve your well-being by pursuing a healthy, active lifestyle.

# Winter Welcome Week

#### Friday, January 5 - Saturday, January 13, 2024 (go.ncsu.edu/ncstatewww)

- > Make new friends while learning more about NC State.
- > Explore exciting ways to engage in and outside of the classroom.
- > Celebrate the start of the semester with over 100 events and activities to choose from!
- > Download the NC State Guides app (page 9) to check out the full schedule.
- > For an individualized experience, reference the seven interest categories below.



# **Connect on Campus**

Get Involved Portal Find and join organizations and discover upcoming events for NC State students: getinvolved.ncsu.edu

# **Parents and Families Services**

Supporting parents, families and all who champion student success at NC State University!

# **Communications**

- > Handbook Calendar Publication
- > Monthly Conversation Calendar
- > Pack Talk Blog for Parents
- > Quarterly E-Newsletters
- Social Media
- > University Updates and Information

# **Programs**

- > Parent Ally Leadership Team
- > Parents' Helpline
- Signature Events
- > Pack Family Regions
- > Second-Year Initiative
- > VIP Program



## Stay Connected!

@NCStatePFS

parents.ncsu.edu ncstateparents@ncsu.edu 919.515.2441

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# • Important Spring Semester Dates for Students & Families



**Move-In Weekend** January 4 - 7



**Winter Welcome Week** January 5 - 13



**First Day of Classes** January 8



**Spring Fling** February 2 - 4



Spring Break March 11 - 15 (No Classes)



Last Day of Class April 23



Martin Luther King Jr. Day January 15 (No Classes)

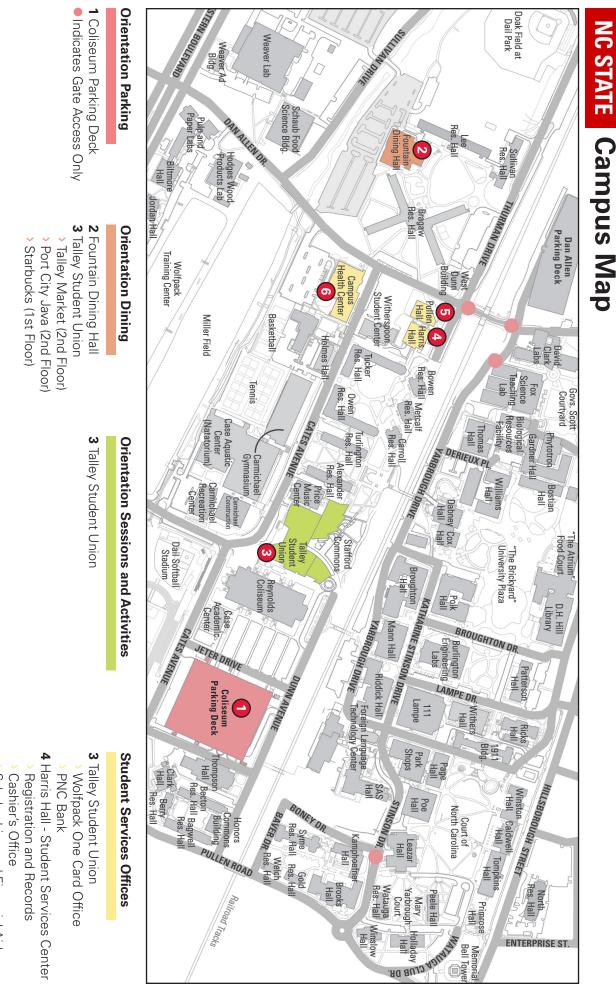


**Spring Semester Exams** April 25 - May 1

# Additional Notes 🛓







- Scholarships and Financial Aid
- 5 Pullen Hall
- University Housing
- 6 Campus Health Center
- Health Insurance
- Immunization Records