IPV IS AN UMBRELLA TERM THAT INCLUDES:

- Relationship or Interpersonal Violence
  - Physical
  - Sexual
  - Emotional
  - Financial

- Stalking

- Sexual Violence
  - Sexual Harassment
  - Sexual Exploitation
  - Sexual Assault
JOIN THE POLL
Text:
NCSTATENSP
To 37607
HOW HAS IPV ALREADY IMPACTED OUR NEW WOLFPACK COMMUNITY?

A) I have experienced IPV or someone close to me has experienced IPV

B) I’m not sure

C) No one I know has experienced IPV
IPV DOES NOT DISCRIMINATE

Interpersonal Violence can impact anyone regardless of gender identity, sexual orientation, race, class, ethnicity or ability.

DURING COLLEGE

- 1 in 4 female students will survive rape or attempted rape
- 1 in 16 male students will experience sexual assault

DURING THEIR LIFETIME

- 61% of bisexual women
- 47% of transgender people
- 44% of lesbians
- 37% of bisexual men
- 35% of heterosexual women
- 29% of heterosexual men
- 26% of gay men

WILL EXPERIENCE SOME FORM OF IPV
NC STATE POLICY AND CODE OF STUDENT CONDUCT

The Code of Student Conduct specifically **prohibits any forms of Relationship or Interpersonal Violence**, including:

- Dating and Domestic Violence
- Stalking
- Sexual Misconduct
Relationship or interpersonal violence occurs when one person in a social relationship of a romantic or an intimate nature uses abuse to maintain power over a partner.

Behaviors of Relationship Violence may be:

- Physical
- Verbal
- Emotional
- Financial
- Sexual
Stalking is conduct directed at a specific person that would cause a reasonable person fear for their safety or safety of others or suffer substantial emotional distress.

- Following you or monitoring your location through social media posts
- Showing up uninvited where you are
- Repeatedly leaving unwanted gifts or notes
- Repeatedly calling, texting, or commenting on your social media posts
- Contacting you from other accounts if you do not respond
- Monitoring your phone calls, computer use, emails or text messages
Sexual Misconduct includes:

- Sexual Harassment
- Sexual Exploitation
- Sexual Contact without Consent
- Sexual Intercourse Without Consent

Examples of Sexual Misconduct may include:

- Touching or groping without clear consent
- Sharing intimate photos without clear consent
- Covert condom removal (also known as “stealthing”)
- Coerced or forced sexual contact or intercourse
NC STATE DEFINITION OF CONSENT:

CONSENT IS:

- An affirmative decision to engage in sexual activity given by clear action or words
- Must be made freely, willingly, and actively
- Can be withdrawn at ANY time

CONSENT IS NOT:

- Obtained by the use of force, threats, intimidation, or coercion
- A lack of protest, resistance, or silence does not equal consent
- Cannot be obtained if the person is underage, sleeping, unconscious or incapacitated.
PREVENTING IPV
AT NC STATE UNIVERSITY

It takes ALL of us.
YOUR words and actions matter.
RECOGNIZE THE SIGNS

Rape Culture

- Rape
- Drugging
- Molestation
- Stealthing (Covert Condom Removal)
- Contraceptive Sabotage
- Victim Blaming & Shaming
- Coercion/Manipulation
- Threats
- Revenge Porn
- Safe Word Violations
- Groping
- Non-Consensual Photo or Video
- Flashing & Exposing
- Unsolicited Nude Pics
- Catcalling
- Unwanted Non-Sexual Touch
- Stalking
- Sexist Attitudes
- Rape Jokes
- Locker Room Banter

11th Principle: Consent!
LEAD BY EXAMPLE

ASK FOR CONSENT WITH CLEAR WORDS OR ACTIONS:
- May I…?
- If you’re into it, I could….
- Do you like it when I…?
- Would it be ok if I…?
- Sign language
- Clear gestures

PRACTICE ENTHUSIASTIC CONSENT WITH CLEAR WORDS OR ACTIONS:
- Yes!
- Of course!
- Absolutely!
- Certainly!
- Sign language
- Clear gestures
LEAD BY EXAMPLE

PRACTICING CLEAR ENTHUSIASTIC CONSENT MEANS THAT ANYTHING OTHER THAN A CLEAR VERBAL OR NON-VERBAL “YES” IS A “NO”

HOW TO RESPOND TO A VERBAL OR NON-VERBAL “NO” WITH INTEGRITY:

- No problem!
- I’m bummed to hear that, but grateful that I can trust you to say it.
- I appreciate knowing where your boundary is.
- Sounds good! Do you want me to ask again later?
- I still love you.
- Accept their decision, and walk away.
BE AN ACTIVE Bystander

Intervene when you see the signs of IPV by using the 3D's of bystander intervention:

**Direct**: Interact directly to prevent the harmful situation from materializing or continuing.

**Delegate**: Identify a responsible party to intervene directly in a potentially harmful situation.

**Distract**: Create a distraction that allows enough time for a potentially harmful situation to naturally dissipate.
WHAT YOU CAN SAY TO SUPPORT A SURVIVOR OF IPV:

“I’m sorry this happened to you.”

“It’s not your fault.”

“I believe you.”

“How can I support you?”

“Thank you for trusting me enough to share with me.”

“It took courage to tell me.”

“You are not alone.”
WHAT YOU CAN **DO TO SUPPORT A SURVIVOR OF IPV:**

**LISTEN:** Be present and actively listen

**BELIEVE:** Do not interrogate or judge, just offer unconditional support

**ASK:** Ask what you can do to help

**CONNECT:** Know your resources and respect survivors’ decisions

**EDUCATE:** Educate yourself and others about the role of power and privilege and challenge systems of oppression

**RECHARGE:** Be patient, rest, and set healthy boundaries
“SAFE AT STATE”

RESOURCES AND HOW TO REPORT
YOU ARE NOT ALONE
At NC State, we provide services and resources to support and guide you through obtaining the help you may need.
RESOURCES ON CAMPUS

- The Office for Institutional Equity and Diversity
- Student Conduct
- University Police
- The Counseling Center
- Student Health Services
- The Women’s Center
- Student Legal Services
- Interact
- **Safe At State**

Sheri Schwab, Interim Vice Provost & Title IX Coordinator, ph: 919-515-3148
Safe at NC State

YOU ARE NOT ALONE
At NC State, we provide services and resources to support and guide you through obtaining the help you may need.
INVESTIGATION OPTIONS

At NC State, you have the option to file an anonymous report or a confidential report. You can also choose a report that will lead to either a university investigation or a criminal investigation. Your options include but are not limited to:

- filing a report with the Title IX Coordinator in the Office for Institutional Equity and Diversity (OIED)
- filing a report with NC State Police

Once you submit a report, we will take reasonable steps to investigate the matter and follow the appropriate steps to resolve the case. NC State strives to ensure that students, faculty, staff and visitors are safe and not subject to further harassment or retaliation.

You are not required to file a report to the Raleigh Police; however, if you believe a crime has occurred, you are encouraged to report the incident. If you wish, the Title IX Coordinator in OIED can provide assistance in reporting to the police.
WHY FILE?

When you file a report, we can use all our available resources to provide you with as much support as possible.
CALL TO ACTION

AS PART OF OUR WOLFPACK COMMUNITY:

- Will you learn the signs of IPV?
- Will you practice clear and enthusiastic consent?
- Will you be an active bystander?
- Will you support survivors by learning what to say and how to help?

IT TAKES ALL OF US.