Welcome to NC State!

As your Orientation Leaders (OLs), we want you to know how excited we are that you decided to join us as part of the Wolfpack! Take it from us, your life as an NC State student is going to be memorable, challenging, and incredibly rewarding.

The Orientation Leader team is here to help you navigate your way to a successful start. NC State may feel overwhelming at first, but we have each made this place our home and can help you do the same. Our advice is to ask lots of questions at Orientation, reach out to other new students, and start making your bucket list of what you want to experience and accomplish over the next four years.

Get ready to Think and Do, and congratulations on your decision to join the Pack!

Special Thanks to the following sponsors of New Student & Family Orientation:

- Arts NC State
- NC State Dining
- NC State Wellness and Recreation
- Parents & Families Services
- PNC Bank
- Student Alumni Association
- Student Involvement
- Sustainability Office
- University Student Centers

Need Assistance?

If you need to reach a family member during Orientation, please contact our office for assistance during business hours (8:00am - 5:00pm, Monday-Friday) at 919.515.1234.

If there is an after-hours emergency, please contact NC State University Police Department at 919.515.3000.

Download NC State Guides

1. Search for and download the app ‘NC State University Guides’ from your favorite app store
2. Open the app and search for ‘2019 Spring New Students’
3. Customize your Orientation experience

New Student Programs
Division of Academic and Student Affairs
3219 Broughton Hall, Campus Box 7525
Email: new-students@ncsu.edu
Phone: 919.515.1234
newstudents.ncsu.edu

Office of International Services
320 Daniels Hall, Campus Box 7222
Email: ois@ncsu.edu
Phone: 919.515.2961
internationalservices.ncsu.edu
REMINDES

Before Class Starts

By NOT completing the following steps, a hold could be placed on your account or your spring semester schedule could be dropped

☐ Pay Your Bill
  ▶ Spring semester tuition and fees are due now. If you have not already paid your bill, you can do so via MyPack Portal. Visit the Cashier’s Office in Harris Hall if you have questions about your bill.
  ▶ Learn more about payment options and parental access for bill payment at studentservices.ncsu.edu

☐ Student Health Services Checklist
  ▶ Insurance - Enroll into or waive out of the Student Health Insurance Plan by January 31, 2019
  ▶ Immunizations - Complete all required immunizations and upload to the Healthy Pack Portal https://sso.medicatconnect.com
  ▶ TB Questionnaire - Complete TB questionnaire online via HealthyPackPortal
  ▶ Health History - Complete Health History Form online via HealthyPackPortal
  ▶ Prescription Medications - Transfer your prescriptions to Student Health Pharmacy by calling 919.515.4050
  ▶ Get a Flu Shot - Student Health offers flu vaccination clinics across campus throughout January. healthypack.dasa.ncsu.edu

Get Excited for Winter Welcome Week!
January 2-12, 2019 | go.ncsu.edu/NCStateWWW

☐ Check Your Email Frequently
  ▶ Step 1 to being successful at State is getting informed and connected. Your NC State email is the university’s official mode of communication with you, so get in the habit of checking it every day at https://google.ncsu.edu

☐ Complete Mandatory Online Education
  ▶ All incoming students are required to complete three online education modules by January 7, 2019.
  ▶ Visit the website below for more information and deadlines for completion.
go.ncsu.edu/required-ed

☐ Take the Foreign Language Placement Test
  ▶ You only need to take the exam if an academic advisor in your college or program has recommended it.
  ▶ Available Friday, January 4 from 2:30p.m. - 4:40p.m. in the Language and Computing Labs

☐ Solidify Your Meal Plan
  ▶ Decide which meal plan option is best for you. You have until January 31, 2019 to make changes to your spring semester meal plan. go.ncsu.edu/MealPlans

☐ Finalize Your Spring Schedule
  ▶ If you have additional questions, contact an academic advisor: https://newstudents.dasa.ncsu.edu/colleges
  ▶ Do not drop any courses that were pre-registered for you without contacting an advisor first. https://mypack.ncsu.edu

☐ Order Your Textbooks
  ▶ Visit https://go.ncsu.edu/textbooks to order books directly from NC State Bookstores or use their “Price Comparison Shopping Tool” to explore all of your options.

☐ Update Your Contact Information
  ▶ Update your phone and address information with the university via MyPack Portal. Once you’ve logged in, go to Student Homepage > Personal Information > Address or Contact Details.
  ▶ Sign up to receive WolfAlert emergency text messages by adding your cell number.
www.ncsu.edu/emergency-information/textsignup

Visit our website for more go.ncsu.edu/NewStudentChecklist
Stop by the Wolfpack One Card Office (on the 2nd floor of Talley Student Union) with a government-issued ID during one of the following times to get your Wolfpack One Card student ID:

- During Orientation Check-In or Lunch
- Weekdays from 8:00am to 6:00pm
- Saturday, January 5th from 10:00am to 3:00pm

Wolfpack One Card
Your ticket to dining, recreation and more!
Taking Care of Business If needed, submit verification forms to Scholarships and Financial Aid (#7 on back cover map).

Explore Campus Check out the NC State sights around campus. Feel free to use the campus map provided on the back cover and visit some of NC State’s most iconic spots like the University Plaza (commonly known as ‘The Brickyard’).

Need a Pick Me Up? Grab some coffee or a snack from Starbucks, Talley Market or Port City Java.

Questions? Stop by our Information Table in Talley Student Union to speak with a New Student Programs staff member.
**Thursday, January 3**

| Time          | Activity                                                                 | Location                                                                 | Notes                                                                 
|---------------|--------------------------------------------------------------------------|--------------------------------------------------------------------------|----------------------------------------------------------------------
| 8:00 A.M.-8:45 A.M. | **Check-In and Information Fair**<br>Pick up your Orientation materials and visit with campus departments before the Welcome begins. | Talley Student Union, Coastal Ballroom (3rd Floor) (with family)         | 
| 9:00 A.M.-9:25 A.M. | **Orientation Welcome**<br>Get excited to be a part of the Pack and learn NC State traditions to start your Orientation experience. | Talley Student Union, Stewart Theatre and Mountains-Piedmont Ballroom (3rd floor) (with family) | 
| 9:25 A.M.-10:10 A.M. | **Meet Your Orientation Small Group**<br>Meet your Orientation Leader and hear their perspective as a current student while getting to know other new students in your group. | Various Locations | My Orientation Leader<br>Name:__________________<br>Email:______________
| 10:10 A.M.-10:40 A.M. | **Learning to Howl: Transitioning to NC State**<br>Starting your journey at NC State will be filled with opportunities, connections, and at times, challenges. Learn more about healthy transitioning, developing resilience, and overall emotional awareness. Also learn about the Counseling Center and other campus resources that support wellness development. | Talley Student Union, Mountains-Piedmont (3rd floor) | 
| 10:40 A.M.-11:10 A.M. | **Academic Success 101**<br>Learn about the nuts and bolts of academics at NC State, including the General Education Program, campus resources, and the role of your academic advisor. | Talley Student Union, Mountains-Piedmont (3rd floor) | 
| 11:10 A.M.-12:40 P.M. | **Lunch**<br>Enjoy lunch with your Orientation Small Group and learn about campus from your Orientation Leader. Use the meal ticket you received at Check-In for admission into the dining hall. | Fountain Dining Hall | 
| 12:40 P.M.-12:55 P.M. | **Technology on Campus**<br>Hear about the valuable resources available to you through NC State's ever-changing computing environment. | Talley Student Union, Mountains-Piedmont (3rd floor) | 
| 12:55 P.M.-1:25 P.M. | **Connect & Engage with the Pack**<br>NC State offers exciting ways to engage outside of the classroom. Each of these activities can connect you with valuable experiences and provide career-ready skills. This session will introduce you to Student Involvement and some tips for navigating how to get involved during your first semester. The opportunities are limitless! | Talley Student Union, Mountains-Piedmont (3rd floor) | 
| 1:30 P.M.-1:50 P.M. | **Student Engagement Sessions**<br>Career Development and Co-ops<br>Leadership and Civic Engagement<br>Study Abroad and Global Experiences<br>Undergraduate Research | Career Development and Co-ops<br>Leadership and Civic Engagement<br>Talley Student Union, Currituck (3rd floor)<br>Talley Student Union, Room 3222<br>Talley Student Union, Hatteras/Ocracoke (3rd floor)<br>Talley Student Union, Room 3285 | 
| 1:55 P.M.-2:15 P.M. | **College Welcome and Academic Information**<br>College representatives will provide information on academic requirements and what you can expect from your new academic home. They will also be available for academic advising. **This session is required for all students, even if you have already completed course registration.**<br>See Page 6 (with family) | Talley Student Union, Mountains-Piedmont (3rd floor) | 
| 2:30 P.M.-4:30 P.M. | **Dinner**<br>Your dinner ticket can be found in your nametag holder. Dinner at Fountain is not included for family members, but is available for purchase at the door. | Fountain Dining Hall | 
| 6:00 P.M.-7:25 P.M. | **imPACKting Your Community**<br>Let’s take time to explore our community expectations and how the Class of 2022 can have a positive imPACKt on campus. This session includes…<br>- Interpersonal Violence Prevention<br>- Pack Pride Reader’s Theatre<br>- Orientation Small Group Discussion | Talley Student Union, Mountains-Piedmont (3rd floor) |
NC State Showdown  
Talley Student Union, Mountains-Piedmont (3rd floor)  
Learn about daily life on campus during this interactive game show!

8:00 P.M.-9:30 P.M.  
Packs and Rec  
Carmichael Complex  
Now is the time to kick back and enjoy games, crafts, and some friendly competition with other new students and the Orientation Leader team! Nametag is required for participation. Co-Sponsored by NC State Wellness and Recreation

### Student Small Group Activity

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Coursework</th>
<th>Exercise</th>
<th>Campus Involvement</th>
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<tr>
<td>8:00 A.M.</td>
<td>Breakfast</td>
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<td>10:00 A.M.</td>
<td>Class</td>
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<td>12:00 P.M.</td>
<td>Lunch</td>
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<td>2:00 P.M.</td>
<td>Class</td>
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**Red total hours:**  
**Blue total hours:**  
**Green total hours:**

**Coursework**  
(homework, studying)

**Academic Support**  
(tutoring, going to office hours)

**Employment**  
(on or off campus job)

**Exercise**  
(group fitness, sports, walk/run)

**Relaxation**  
(TV, browse web, reading, gaming, nap)

**Personal Health and Hygiene**  
(getting ready for the day, doctor’s appointments)

**Chores**  
(laundry, cleaning)

**Campus Involvement**  
(student organization, campus leadership)

**Building Community**  
(finding your fit, support on or off campus)

**Off Campus Involvement**  
/community organization, internship, service)

**Home Life**  
(calling, supporting, visiting family and friends)
The meeting rooms for each College Welcome and Academic Information Session are determined by the academic program in which the student is currently enrolled. Check your name tag if you are unsure of which college session you should attend.

2:30PM - 3:20PM

**Agricultural Institute**
Escorted from Talley 3rd Floor Lobby to Patterson Hall, Room 106

**College of Agriculture and Life Sciences**
Talley Student Union, Mountains (3rd floor)

**College of Design**
Escorted from Talley 3rd Floor Lobby to Brooks Hall Lobby

**College of Education**
Talley Student Union, Room 3222

**College of Engineering**
Escorted from Talley 3rd Floor Lobby

**College of Humanities and Social Sciences**
Escorted from Talley 3rd Floor Lobby to Withers Hall, Room 232A

**College of Natural Resources**
Talley Student Union, Room 4280

**College of Sciences**
Talley Student Union, Room 3285

**Exploratory Studies**
Talley Student Union, Piedmont (3rd floor)

**Exploratory Studies Athletes**
Escorted from 3rd Floor Information Desk

**Life Sciences First Year Program**
Talley Student Union, Stewart Theatre (3rd floor)

**Poole College of Management**
Talley Student Union, Hatteras/Ocracoke (3rd floor)

**Wilson College of Textiles**
Talley Student Union, Room 3210

Advisor Contact Information:

Name: ____________________________________________

Email: ____________________________________________

Phone: ____________________________________________
Friday, January 4

9:00 A.M.-10:30 A.M. OIS Immigration Check-In Daniels Hall, Room 434
All new international students on F-1 or J-1 visas are required to complete a check-in.

10:30 A.M.-11:00 A.M. Welcome Daniels Hall, Room 434
We’re officially celebrating your arrival! Meet representatives from International Services and Study Abroad and get the scoop on orientation plans and expectations.

11:00 A.M.-11:30 A.M. Small Group Meeting Various Locations
Get to know CCAP Ambassadors and other new students in a small group.

11:30 A.M.-1:30 P.M. Resource (photo) Scavenger Hunt + Lunch Various Locations
This is a campus tour redux! Continue getting to know your peers and now the campus better.

1:30 P.M.-2:00 P.M. Crossing Cultures Daniels Hall, Room 434
Interacting with and acclimating to new cultures has many rewards and challenges. We’ll reflect on our own experiences and learn from each other.

2:00 P.M.-2:45 P.M. Student Success Daniels Hall, Room 434
What does being successful at NC State mean to you? Explore ideas and resources and advice with NC State’s Academic Coordinator for International Student Support and a faculty member from the FLE program.

2:45 P.M.-3:10 P.M. Hunt Debrief + Prizes! Daniels Hall, Room 434
Review with other groups the important resources and hot spots across campus. Plus prizes!

3:10 P.M.-3:40 P.M. What I Wish They’d Told Me Daniels Hall, Room 434
Get advice from and ask questions of a panel of current NC State students.

3:40 P.M.-4:00 P.M. Next Steps and Closing Daniels Hall, Room 434
Time to wrap up orientation and look to what’s ahead.

5:00 P.M.-7:00 P.M. Welcome Party Holmes Hall, Room 104/106
Come meet your CCAP Ambassadors and fellow new students! Free pizza and games to celebrate your arrival at NC State!

Notes
**FAMILY SCHEDULE**

**Thursday, January 3**

**8:00 A.M. - 8:45 A.M.**  
**Check-In and Information Fair**  
Talley Student Union, Coastal Ballroom (3rd Floor)  
(with student)  
Pick up your Orientation materials and visit with campus departments before the Welcome begins.

**9:00 A.M. - 9:30 A.M.**  
**Orientation Welcome**  
Talley Student Union, Stewart Theatre and Mountains-Piedmont Ballroom (3rd floor)  
(with student)  
Get excited to be a part of the Pack and learn NC State traditions to start your Orientation experience.

**9:30 A.M. - 10:10 A.M.**  
**Helping Your Wolf Howl**  
Talley Student Union, Stewart Theatre (3rd floor)  
At the end of this session, you will have:  
1. Gained insight into the opportunities and challenges that your student may encounter in their first year at NC State.  
2. Gained insight into the opportunities and challenges that you as a parent or family member may encounter during your student’s first year at NC State.  
3. Learned ways to support your student and yourself during this transition.  
4. Received an overview of the services provided by the NC State’s Counseling Center, including how to access and refer to these services.  
Contact the Counseling Center at 919.515.2423 or https://counseling.dasa.ncsu.edu/.

**10:25 A.M. - 10:50 A.M.**  
**Academic Success 101**  
Talley Student Union, Stewart Theatre (3rd floor)  
At the end of this session, you will have:  
1. Learned about the role of an academic advisor.  
2. Gained awareness of academic expectations and policies.  
3. Become familiar with the academic calendar and timeline.  
4. Learned how to support your student academically.  
Contact Academic Advising Programs and Services at 919.515.8130 or https://advising.ncsu.edu/.

**10:50 A.M. - 11:05 A.M.**  
**Technology on Campus**  
Talley Student Union, Stewart Theatre (3rd floor)  
At the end of this session, you will have:  
1. Learned about the IT accounts and services available to students and families.  
2. Heard about the importance of security for campus accounts, hardware, mobile devices, etc.  
3. Gained awareness of campus rules and regulations related to IT.  
4. Gained awareness of campus IT support and knowledge of how to access these support systems as a student or family member.  
Contact The Office of Information Technology (OIT) at 919.515.HELP or https://oit.ncsu.edu/.

**11:05 A.M. - 11:30 A.M.**  
**On-Campus Living**  
Talley Student Union, Stewart Theatre (3rd floor)  
At the end of this session, you will have:  
1. Learned the benefits of living on campus, including resources, programs and activities that support student success.  
2. Been introduced to the Living and Learning Villages as a future option for your student.  
3. Reviewed what students can bring to campus to personalize their rooms.  
Contact University Housing at 919.515.2440 or https://housing.ncsu.edu/.  
*If your student is living off-campus, visit the Information Table for off-campus materials.

**11:30 A.M. - 12:10 P.M.**  
**Dining, Bookstore, and ID Card**  
Talley Student Union, Stewart Theatre (3rd floor)  
At the end of this session, you will have:  
1. Learned how meal plans work and what options are available.  
2. Determined how to shop for the best price and options for course materials through MyPack Portal.  
3. Reviewed how to select a laptop designed for your student’s course of study.  
4. Learned how your student’s Wolfpack One ID Card works and about the various spending accounts associated with it.  
5. Learned about student banking options provided by PNC Bank.  
Contact Campus Enterprises at campus-enterprises@ncsu.edu or visit https://campusenterprises.ncsu.edu/. For more about PNC Banking at NC State, visit www.pnc.com/ncstate.
12:10 P.M. - 1:25 P.M.  **Lunch**  Fountain Dining Hall  
Use the meal ticket you received at Check-In for admission into the dining hall. Should your family need to purchase additional meal tickets, you may do so at the door using cash or credit/debit card.

1:25 P.M. - 1:50 P.M.  **Staying Safe at NC State**  Talley Student Union, Stewart Theatre (3rd Floor)  
**At the end of this session, you will have:**  
1. Learned the university police department’s mission and contact information.  
2. Learned about the university’s safety resources and emergency communication procedures.  
3. Learned about crime on campus, along with safety tips that may be beneficial to students.  
Contact NC State University Police Department at 919.515.3000 or https://ncsu.edu/police.

1:50 P.M. - 2:25 P.M.  **Community Expectations**  Talley Student Union, Stewart Theatre (3rd Floor)  
**At the end of this session, you will have:**  
1. Heard about the university’s student behavioral expectations, which are articulated in the Code of Student Conduct.  
2. Learned about the importance of discussing the topics of alcohol use, drug use, sexual misconduct, and academic misconduct with your student.  
Contact the Office of Student Conduct at 919.515.2963 or https://studentconduct.ncsu.edu/.

2:30 P.M. - 3:20 P.M.  **College Welcome and Academic Information**  Various Locations (Page 6) (with student)  
Meet representatives from your student’s college and learn about academic requirements, opportunities, and expectations.

3:35 P.M. - 3:55 P.M.  **Your Student’s Health and Wellness**  Talley Student Union, Stewart Theatre (3rd Floor)  
**At the end of this session, you will have:**  
1. Heard an overview of the preventative, medical and other services offered by Student Health Services.  
2. Learned about eligibility for care and services with Student Health Services.  
3. Learned about the UNC system-wide health insurance requirement and the NC State immunization requirements.  
Contact Student Health Services at 919.515.2563 or https://healthypack.dasa.ncsu.edu/.

3:55 P.M. - 4:15 P.M.  **Money Matters**  Talley Student Union, Stewart Theatre (3rd Floor)  
**At the end of this session, you will have:**  
1. Learned about FERPA’s role in answering questions you may have about your student’s account.  
2. Learned how to gain access, review and pay your student’s account, with information on billing due dates and payment methods available.  
3. Reviewed the basics of the Financial Aid process.  
Contact the Student Services Center at 919.515.NCSU (6278) or studentservices@ncsu.edu, or visit https://studentservices.ncsu.edu/.

4:15 P.M. - 4:30 P.M.  **Parents and Families Services**  Talley Student Union, Stewart Theatre (3rd Floor)  
**At the end of this session, you will have:**  
1. Become fully aware of the resources and services provided by the Office of Parents & Families Services.  
2. Identified strategies for student and family engagement and support within the university.  
3. Learned about the many ways parents and families can remain engaged and active in the NC State community.  
Contact the Parents’ HelpLine at 919.515.2441 or parents.ncsu.edu.