As you strive for excellence in your coursework and work toward your degree, your academic, personal, and career success will be enhanced by intellectual, interpersonal, and personal development.

The following objectives, outcomes, and strategies will help you create a foundation for successful transition to the University.
INTELLECTUAL AND COGNITIVE GROWTH
OPEN YOUR MIND

A. DEVELOP INTELLECTUAL CURIOSITY ABOUT ACADEMIC COURSE CONTENT

some keys to success
+ Go to class
+ Explore additional content, beyond what is assigned
+ Identify connections between content in multiple courses
+ Visit with professors to follow up on class ideas

B. ENHANCE WRITTEN AND ORAL COMMUNICATION

some keys to success
+ Participate in class discussions
+ Present in class
+ Articulate diverse opinions respectfully
+ Visit the writing and speaking tutorial center

C. LEARN NEW WAYS TO SOLVE PROBLEMS

some keys to success
+ Take a First Year Inquiry class
+ Take classes in a variety of content areas which use a variety of approaches to learning
+ Take advantage of experiential learning opportunities such as Alternative Spring Break trips, etc.
+ Begin planning for opportunities such as Study Abroad, etc.
+ Make use of tutorial services provided by individual faculty, departments, colleges and the University

D. EXAMINE ASSUMPTIONS CAREFULLY

some keys to success
+ Ask questions in class
+ Take workshop in the Library on how to validate information
+ Apply the techniques learned in the above to validate information
+ Form study groups where you discuss your ideas with others.
+ Review multiple sources on a topic

E. ENGAGE IN ORIGINAL AND INDEPENDENT ANALYSIS

some keys to success
+ Use Student Media/Internet (i.e. blogs) to investigate issues
+ Support opinions with evidence

F. EXPLAIN THE ROLE OF RESEARCH IN THE CONSTRUCTION OF KNOWLEDGE

some keys to success
+ Learn to use the library
+ Explore current research at NC State
+ Talk with professors about volunteer and paid work in research labs in areas of interest
INTERPERSONAL ENGAGEMENT
BUILD YOUR COMMUNITY

A DEVELOP MATURE INTERPERSONAL RELATIONSHIPS WITH FACULTY, STAFF, AND STUDENTS

some keys to success
+ Visit faculty during office hours
+ Meet with your advisor
+ Form study groups
+ Prepare for meetings with faculty and advisors
+ Get to know students in your classes
+ Join clubs within your major
+ Attend floor meetings; introduce yourself to floor members

B APPRECIATE DIVERSITY AMONG PEOPLE, CULTURES, AND PERSPECTIVES

some keys to success
+ Engage in positive conversation with people from different backgrounds
+ Be open-minded about learning from and interacting with others
+ Attend events with a focus on culture different from your own
+ Challenge the unfair, unjust, or uncivil behavior of others
+ Demonstrate the ability to consider multiple perspectives

C UTILIZE CAMPUS RESOURCES

some keys to success
+ Explore MyPackPortal
+ Become familiar with the variety of campus resources available
+ Pro actively use academic resources to meet your academic goals and pursue excellence
+ Pro actively use other resources to meet your personal goals
+ Seek assistance from faculty, advisors, and staff when you need help
+ Use undergraduate tutorial services as needed

D PARTICIPATE IN CAMPUS LIFE

some keys to success
+ Join a campus club, organization, or team
+ Attend athletic events
+ Vote in Student Government elections
+ Attend arts events
+ Participate in campus social, educational, cultural, and recreational activities
+ Participate in NC State traditions such as Convocation and Wolfpack Welcome Week

E ADHERE TO CAMPUS COMMUNITY EXPECTATIONS

some keys to success
+ Use the First Year Outcomes to guide your experience at NC State
+ Read and adhere to the Code of Student Conduct
+ Ask for clarification from faculty or staff when you are unsure of a policy

F SUPPORT OTHER STUDENTS, FACULTY, AND STAFF

some keys to success
+ Offer to help your peers socially and academically
+ Volunteer to participate in sanctioned research studies
+ Participate in class discussions
+ Become a tutor or set up study groups
PERSONAL RESPONSIBILITY
SHAPE YOUR LIFE

A IDENTIFY PERSONAL AND ACADEMIC GOALS

some keys to success
+ Talk with your academic advisor
+ Explore your options and search for your passion
+ Use the General Education Program (GEP) to balance your education
+ Complete your plan of work
+ Explore Study Abroad options
+ Document the important experiences for a resume or portfolio

B DEMONSTRATE RESPONSIBILITY, INITIATIVE AND RESILIENCE.

some keys to success
+ Think through alternatives
+ Anticipate consequences and next steps
+ Persist in the face of obstacles
+ Create a management plan — and USE it!
+ Go to class on time - even early morning classes!
+ Volunteer on campus, in the local community and beyond

C DEVELOP STRATEGIES TO MANAGE PRIORITIES

some keys to success
+ Use a planner to organize personal and academic responsibilities
+ Attend time management workshops
+ Attend stress management workshops

D CLARIFY PERSONAL VALUE STATEMENTS

some keys to success
+ Interact with people of different backgrounds and consider the similarities and differences in your core values
+ Attend events that challenge your current beliefs
+ Participate in values clarification exercises

E ACT WITH INTEGRITY

some keys to success
+ Be honest in your personal and academic life
+ Treat all people with respect
+ Treat all people fairly
+ Take responsibility for your actions
+ Commit to academic integrity

F STRENGTHEN DECISION MAKING PROCESSES

some keys to success
+ Make decisions consistent with personal values and goals
+ Gather relevant information before making decisions
+ Attend ethical decision-making workshops
+ Discuss choices with knowledgeable others
+ Take responsibility for the outcomes of your decisions


**PERSONAL RESPONSIBILITY (CONTINUED)**

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**EXPLORE CAREER PATHS**

*some keys to success*

+ Visit the Career Development Center and identify your career counselor
+ Meet face to face with your academic advisor and career counselor
+ Identify and align your interests, courses/major, and career path
+ Learn about e-Pack
+ Plan for and investigate internships and co-op opportunities through faculty and the Career Development Center
+ Attend majors/minors fairs
+ Attend career fairs to find out about career opportunities and internship/co-op opportunities

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**ENHANCE LEADERSHIP SKILLS**

*some keys to success*

+ Participate in the Leadership Development Series or other leadership workshops
+ Seek leadership training
+ Take on leadership roles in student organizations
+ Find a venue to develop/practice leadership skills (clubs, organizations, campus employment)
+ Understand the impact of your leadership style
+ Be a person of your word

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**ENGAGE IN A HEALTHY LIFESTYLE**

*some keys to success*

+ Develop strategies for acting on feelings in a responsible way
+ Develop healthy relationships
+ Develop healthy eating and exercise habits
+ Get enough sleep; strive for 8 hours
+ Have fun. Enjoy your experience at NC State.